

Policy & Procedure for Allergic Reactions Islington Branch

At Little Acorns we welcome all children regardless of mild or severe allergies and cultural needs. Any child with a known allergy will be registered on a Health Sheet. This allergy sheet is in direct access at the meal areas for use if necessary. We have four checks times to make sure allergies are regarded.

- The cook has a Dietary and Allergy Daily Register which comprises of a tick list. The cook goes to each room separately and ticks off the children in that day and so can clearly see the allergy/dietary requirements for the day.
- Each child with an allergy/dietary requirement/s has a Tupperware box in which the cook places their food for the day. This box is clearly labelled for that child and has the allergies/dietary requirement/s listed on it.
- Before food leaves the kitchen, all allergy/dietary requirements Tupperware box is checked off by a member of management as to its contents. The contents are listed on a white board on the kitchen door.

Any child with an allergy to the food provided will sit at the red allergy / cultural need's table with another group of children with similar needs. It is not beneficial socially to keep the child completely separate to the other children and also it is not feasible if you have several children with different allergies and cultural needs, to be sat at single tables to themselves. This would leave no staff for the other children. However the staff are trained to be vigilant and diligent with the children to lessen the risk of a child helping themselves to another child's food so as to protect them from harm.

1. A qualified person only Level 2 or 3 will only serve the food to;
2. A level 3 that sits at the red allergy/cultural need's table at all times; this member of staff wears a red tabard to ensure all staff are aware who's looking after the allergy table, and a level 2 (that has been fully trained) to serve the food.

All Children and staff have Health Sheets with their name on, their allergy and how it will be dealt with very clearly. These are used at all times to protect against a risk.

Severe Reactions:

- If a child seems to be having difficulty breathing we will **Call 999**
Straight away.
- Epi-pen to be given straight away if they have one by **Management or trained person together with a 1st aider**
- We will give the child's details, which can be found in their Registration Forms
- We will call the parent and inform them of the actions taken
- The parent will be asked to meet child at either the chosen Hospital or the nursery
- A member of management to go with the child and the member of Management to take their mobile with them

Moderate Reactions:

- If the child does not seem to be having any difficulty breathing we will still ring the parent
- If they already have prescribed anti-histamine this will be administered a member of **management together with a 1st aider**
- The parent **MUST** come to collect their child just in case a more severe reaction follows. Children are vulnerable up to 2 hours after eating.
- If no prescribed anti-histamine is held for that child then we will call NHS 111 (dial 111) explain the situation and ask for the needed advice/instructions
- If NHS 111 advise for anti-histamine to be administered enquire as to how much and how often the said medication needs to be given.
- Anti-histamine and Epi-pens are kept in a Quick response Box in each room, together with the Health Cards. This must be logged onto an accident form for the child but also on the relevant Stock-check form; kept in each room
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Little Acorns will notify Ofsted of any serious accident, illness or injury to, or death of, any child while in their care, and of the action taken.

Notification will be made as soon as is reasonably practicable, but in any

event within 14 days of the incident occurring. We will also notify local child protection agencies of any serious accident or injury to, or the death of, any child while in their care, and must act on any advice from those agencies.

Children's Services Contact Team:

csctreferrals@islington.gov.uk

Tel: 020 7527 7400

Ofsted: 0300 123 1231

Little Acorns Day Nursery